Quest Food lanagement

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Recipe Sizing Report

Nov 24, 2014

001985 - cookie choc chip otis 1.5oz : nslp	Components	Attributes
HACCP Process: #2 Same Day Service	Meat/Alt:	
Number of Portions: 50	Grains: 1 oz	
Size of Portion: each	Fruit:	
	Vegetable:	
	Milk:	

Ingredients	Measures	Instructions
903395 cookie choc chip otis 1.5oz rf wg gfs 8	50 cookie = 1gb	

*Nutrients are based upon 1 Portion Size (each)

0.1.		Tar barrer		Transcitto are a	ased upon 1 Follion	Oize (eacil)		
Calories	170 kcal	Cholesterol	10 mg	Sugars	*N/A* g	Calcium	0.00 mg	26.47% Calories from Total Fat
Total Fat	5.00 g	Sodium	105 mg	Protein	2.00 g	Iron	3.60 mg	7.94% Calories from Saturated Fat
Saturated Fat	1.50 g	Carbohydrates	28.00 g	Vitamin A	500.0 IU	Water ¹	*N/A* g	0.00% Calories from Trans Fat
Trans Fat²	0.00 g	Dietary Fiber	2.00 g	Vitamin C	0.0 mg	Ash ¹	*N/A* g	65.88% Calories from Carbohydrates
	Fire the second of the second of the second	Tal Charles and the Control of the C						4.71% Calories from Protein

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.